



# OUTFIT GUIDE



*melissa rae*  
PHOTOGRAPHY

*okay, so like what do I wear?*

## **complement each other, but don't match.**

Although matching can be cute, it's generally best to pick outfits with the same vibe, but they're not exactly the same! Look on pinterest for color combos that work!

## **neutrals + earth tones.**

You don't want your outfit to distract from you two love birds! Oftentimes, a brighter color will reflect weird tones onto your skin. Patterns can sometimes do this too.

Neutral and earth toned outfits make your photos truly POP (trust me!) If you'd like to add a pop of color, make sure it's only one article of clothing between the both of you, as seen in the photo to the right!

## **flatter your body shape.**

Wear clothes that make you feel confident, because if you're confident, the better your photos will turn out! Don't wear anything you feel uncomfortable in or have to adjust constantly.

## **accessorize + layer.**

If you opt for only one outfit during your session, use accessories and layers to change up your look! You can add on a hat, scarf, jacket, necklace, or whatever you want to switch it up at your session.

## **those darn undergarments**

Grab those nude undies and bras! We don't want any awkward shadows in places people shouldn't be staring. Also, if you're wearing thin straps, get a comfy strapless!





# Get Your Glam On



## *hair + makeup*

Don't do anything too crazy & different for hair and makeup. You should look like you & you should be comfortable! If your wedding hair/makeup stylists are offering a trial, this might be a good day to book it!

(P.S. don't forget to touch up those nails so I can get shots of your ring!)



# do's + don'ts



## yes items!

neutrals and earth tones  
denim jeans and jackets  
textured fabrics  
cute hats & jewelry  
flowy dresses or skirts  
chunky knits and layers  
sandals // boots // barefoot

## leave at home...

bright or neon colors  
distracting patterns  
anything with logos or writing  
sunglasses & apple watches  
restricting fabrics  
*(you should be able to move!)*

*neutrals +  
earth tones*

color palette

FROM REAL  
SESSIONS

these tones = your base!



add one pop of color using these tones :)





*pinterest inspiration*



\*not my images



*more  
ideas*

\*not my images

# HELPFUL TIPS

Try to pick outfits that suit the backdrop.  
*(For ex. don't wear heels to the beach)*

Go on a shopping spree and blame it on me!

Bring multiple outfit options! I'll help.

Bring makeup to touch up.

Find outfits you like on Pinterest  
and try to replicate them  
*(go peep my inspo boards)*

Get your ring cleaned & nails  
done before your session  
*(for those ring shots!)*

BOYS, Make sure your pockets are empty!

# PLACES TO SHOP

## FOR DRESSES

Lulus  
Free People  
Nordstrom

## FOR WOMENS CASUAL OUTFITS

ASOS  
Vici  
Abercrombie

## FOR MENS CASUAL OUTFITS

H&M  
ASOS



*don't forget!*

**i'm here for you!**  
**if you're stuck or need any more**  
**guidance, shoot me an email.**